## California Poison Control System Poison Hotline: 1-800-222-1222

### About the California Poison Control System

We are California's designated and accredited poison center for poison treatment and advice. Call our toll-free Poison Hotline at 1-800-222-1222. Our team of poison experts are ready to help anytime.



# What is a poison?

A poison is a substance that can harm your body if you touch, taste, breathe,

or swallow it. Poisoning is the number one leading cause of injury related deaths in the United States.



### Why call the Poison Hotline?

The Poison

Hotline, **1-800-222-1222**, is a tollfree number that provides poisonrelated help and treatment advice. This number is available to the public 24 hours a day, seven days a week, 365 days per year. Translation services are available in over 200 languages. We also offer treatment advice to medical personnel through a designated phone number for medical professionals.



### How can the Poison Hotline help you?

Our poison experts are ready to help and answer any poisonrelated questions or concerns at **1-800-222-1222.** 

- Fast: Our staff will answer your phone call immediately.
- Free: There is no charge. You can call as many times as you need.
- Expert: You will receive help from an actual person. Staff who answer the phone are pharmacists, nurses, doctors, and specialists in poison information.
- **Private:** Your personal information is not shared with anyone. We ask you for your name and phone number so we can call back to make sure you are OK.

#### When to call the Poison Hotline

- If you have a poisonrelated question.
- If you or someone else touches, tastes, breathes, or swallows something that could be harmful.



Call 911 if someone is experiencing lifethreatening symptoms like difficulty breathing, unconsciousness, or uncontrollable shaking.



Don't Guess. Be Sure.

Visit calpoison.org to learn more and order free materials.



Text TIPS to 20121 for poison safety information in English. Text PUNTOS for Spanish.

The California Poison Control System is part of the School of Pharmacy, Department of Clinical Pharmacy at the University of California, San Francisco. ©The Regents of the University of California. This project is supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS). Content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS, or the U.S. Government.