# Recognize Poisons In & Around Your Home

# **CALIFORNIA POISON CONTROL SYSTEM**

### **OUTDOORS**



Wildfire smoke can harm lungs, eyes, hearts, and more.



Wild mushrooms may look harmless but can be poisonous.



**Insect bites and** stings hurt or itch but can also cause serious reactions.



Poison oak can cause an itchy rash. Many other plants can also be harmful.



Any snake can bite while rattlesnake bites contain poison.

## **PERSONAL BELONGINGS**

Marijuana and edibles containing them can make children and pets sick.



Eyedrops are only meant for the eyes and should not be swallowed.



**Nicotine** in vaping products is harmful to the lungs.



**Hand sanitizers** can cause alcohol poisoning if tasted or swallowed.



**Medicines** that look like candy can easily attract children.



Cleaning products can be harmful if they get onto your skin, eyes, or are swallowed.

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Personal care products like sunscreen and shampoo should not be swallowed.



**Button-shaped** batteries can be extremely dangerous if swallowed.





**INDOORS** 

Lead is poisonous and can be found in or around old houses.





# **SAFETY TIPS to Prevent Poisoning In and Around Your Home**

### **CALIFORNIA POISON CONTROL SYSTEM**

### **OUTDOORS**

- 1 During a wildfire, find out if air quality is healthy in your area. Airnow.gov is a good place to check. If air quality is unhealthy, keep your family inside with windows and doors closed.
- 2 Teach children to never eat or touch mushrooms that they find outdoors. If tasted, wild mushrooms can lead to serious illness or death.
- 3 Food and garbage attracts bugs, which can lead to bites or stings. Cover food scraps or garbage with a lid.
- Avoid touching Poison Oak. Wear boots, gloves and long pants when hiking.
  Immediately wash clothing, shoes, gloves, or pets if they may have touched Poison Oak.
- 5 Protect yourself from rattlesnakes by staying on trails when you hike. Wear closed shoes and long pants.

### PERSONAL BELONGINGS

- 6 Keep marijuana products locked up, out of reach and sight of children at all times. Marijuana products can lead to hospitalization for children.
- (7) Keep eye drops out of reach from children. If swallowed, eye drops can cause serious illness. Breathing problems, seizures, and unconsciousness can occur.
- (8) Keep liquid nicotine ("vape juice") out of children's reach. Even a small amount in the mouth or on the skin can cause serious illness or death.
- Supervise young children when they use hand sanitizer. Only use a dime sized amount on the skin. Hand sanitizer has a high concentration of alcohol and can cause alcohol poisoning if swallowed.
- Teach children that medicine is not candy.

  Never call medicine candy, and keep all medicines locked up, out of reach and sight of children. This includes vitamins.

#### **INDOORS**

- Old homes can have lead paint or lead in water from old pipes. If your home might need repairs to remove lead, call the Poison Hotline or your local health department.
- Small, button shaped batteries come in greeting cards, toys, and small flashlights. If swallowed, these batteries can lead to serious harm. Keep them out of reach from children.
- (13) Store personal care products out of sight and reach of children. Supervise young children if they use personal care products.
- Follow label instructions when using cleaning products. Use safety equipment like glasses, gloves, and masks when using cleaning products. Store cleaning products out of sight and reach from children.





Don't Guess. Be Sure.



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