



Updates from the Enterprise

Departing Residents Edition, June 2014

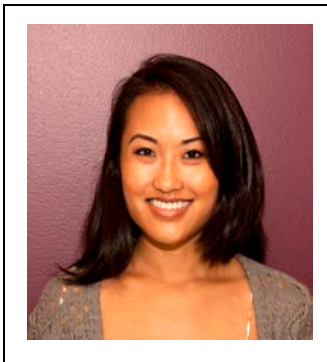
Farewell 2013-2014 Residents! Pharmacy Practice Residents



**Rajat Bansil
(UCSF)**

After completing pharmacy school and a PGY1 residency at UCSF, I am impressed by the opportunities available to me in pharmacy. The residency program at UCSF has opened countless doors for me, and I feel

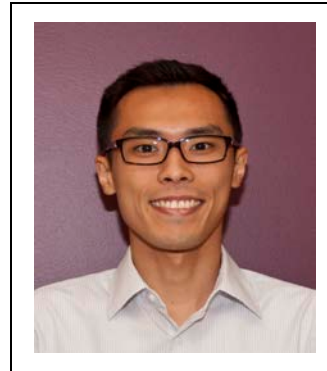
privileged to have learned from and developed friendships with not only my resident class but the entire pharmacy department. Over the course of the last year, I have grown not only as a pharmacist but as a teacher, manager, and leader. I knew the residency year would be challenging; however, with the support of all the pharmacists at UCSF, I have truly enjoyed my residency year. Accordingly, I am deeply excited to continue at UCSF as a PGY2 resident in HIV/AIDS next year.



**Carissa Chan
(UCSD)**

It's hard to believe just last year I received my Pharm.D. from the University of California, San Diego. This year has been challenging and rewarding. I was given the opportunity to work with great mentors, preceptors, staff and

faculty that have encouraged and supported me to grow professionally and personally. I reflect back and can say that the experiences I have gained will be invaluable for what the future holds. In addition, one of the best parts of this experience has been meeting and bonding with my incredible co-residents whom I call my friends. Lastly, after I leave this residency, I will head right into a PGY2 in Oncology at the University of California, San Diego.



**Raymond Chao
(USC)**

What an amazing year! You hear it all the time, but I still cannot believe how fast time flies during this residency. After obtaining my Doctor of Pharmacy at the University of Southern California, I made the move back to the Bay Area

to be part of the UCSF team. My residency year has more than exceeded my expectations. Although I always knew UCSF would provide excellent professional and clinical development, I would have never expected to learn so much about myself along the way. After residency, I will be pursuing inpatient clinical positions throughout California, and I will be getting married in July to my lovely fiancé.

To all the amazing staff, mentors, preceptors, faculty and co-residents, I owe each and every one of you a sincere and heartfelt "Thank You." All of you have contributed in your own way in developing me into the pharmacist that I am today. I am not sure where I will be practicing after residency, but the one thing that I am certain about is that I am more than ready for the challenge.

So before I leave, how about one last huddle for old times' sake? Ready? CUDA on three! One, two, three, CUDA!!!!

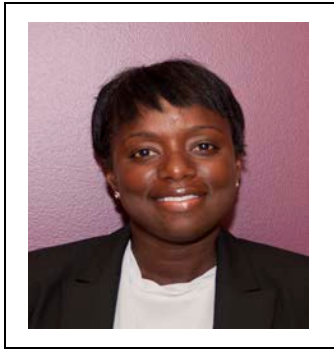


**Abby Floeter
(Oregon State University)**

It's hard to believe that it's been a year since I graduated pharmacy school at Oregon State University and moved south to complete my PGY1 residency here at UCSF. This past year has been an exciting journey,

full of countless learning experiences and memories. I can't say enough about my amazing co-residents, who I feel lucky to work beside every single day. To all my co-rezzies, thank you for the never ending laughs, support and friendship! I also want to thank my awesome preceptors, mentors, and

the entire UCSF pharmacy staff for making this year a fabulous learning experience and for helping me to become a better pharmacist. During my brief time here at UCSF, I have not only developed as a clinician and professional, but I have gained a true appreciation of teaching and discovered my interest in pharmacy education. Next year, I will be heading to Seattle to complete a PGY2 in Oncology at the University of Washington. I will miss everyone here at UCSF and thank you all for an amazing year!



**Alicia Harvey
(Nova Southeastern)**

It is unbelievable that a year ago I graduated from Nova Southeastern University College of Pharmacy, and embarked on professional pharmacy practice residency training at the UCSF Medical Center. I have had very

challenging rotations that have provided me with the ability to develop my critical thinking skills. I have also developed and strengthened my teaching philosophy in ways that will provide the best experience for students. There were many opportunities for me to teach: 3 didactic lectures to pharmacy students, a continuing education presentation, and a presentation to dental residents in preparation for their board exams. In addition to teaching, I have also accomplished my goal of research design and analysis. The residency at the UCSF Medical Center provided me with a vast experience in one year.

As our residency year has come to an end, I will miss the great friends I have made during this journey. In July, I plan to take a month or two off before seeking a clinical pharmacist position at a teaching hospital in South Florida. I will take the skills I have learned and developed, and utilize them in my own clinical pharmacy practice.



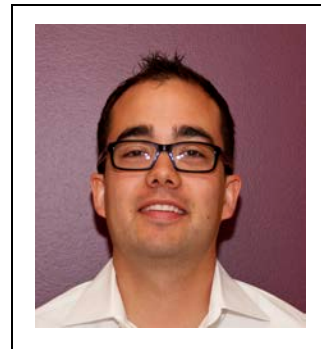
**Mira Parekh
(UCSF)**

It has been a true pleasure to have had the opportunity to complete my residency training at the very institution that I began my pharmacy career. UCSF has been my family for over 5 years

now, and I feel so fortunate for the chance to have trained with such inspirational and talented role models, always encouraging me to perform at my very best while providing me with the essential tools to do so. Although my professional growth at UCSF has been immense, the personal growth and insight that I have acquired through this program is something that I am sincerely grateful for. I feel truly blessed for the support and guidance that I have

received from both preceptors and faculty throughout my journey at this institution. Additionally, I am deeply appreciative for my dear co-residents who have made this year an incredible experience and have further facilitated my growth.

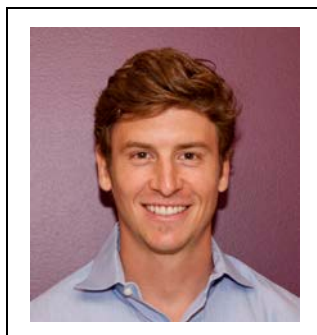
Knowing that I will always have my UCSF family wherever I continue to practice makes this new life transition less challenging. Today, I leave this residency excited to discover potential opportunities, explore additional interests, and ultimately engage in the delivery of compassionate and competent pharmaceutical care through my clinical practice. Thank you again to everyone at UCSF for this amazing experience!



**Justin Petrovic
(UCSF)**

It is a great feeling to finish my PGY1 residency at the same institution where my pharmacy career first began, the one and only UCSF! It is difficult to capture all the memorable experiences over this past year, but it has been a real

honor to have worked with such amazing faculty, clinical pharmacists, residents, pharmacy students, managers, and of course the patients. I have learned a great deal about myself personally as well as professionally; I have been able to achieve new heights and goals that I thought were once unattainable. One of the most rewarding experiences from this year has been stepping on the other side of the line (student to instructor) and being able to teach, mentor, and guide pharmacy students. I myself am a product of past inspirational individuals, and I hope that I provided guidance and motivation to the pharmacy students here at UCSF. The road to my next professional adventure has not been paved yet, but I am sure it will be a memorable journey nonetheless. Thank you UCSF!



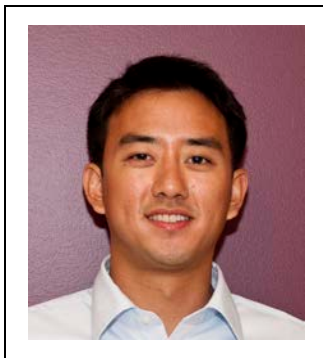
**Jason Phillips
(UCSF)**

Wow, I cannot believe how quickly this year has flown by! After graduating from UCSF School of Pharmacy in 2013, I was determined to continue my development as a pharmacist and PGY-1 Resident alongside the same outstanding group of

pharmacists who helped shape me as a student. These past 5 years at UCSF have been the most rewarding, fun, and intellectually stimulating years of my life, both professionally and personally. I am so proud of all my accomplishments thus far, and especially thankful for

having completed a residency at an institution that places such an emphasis on something nearest and dearest to my heart: teaching!

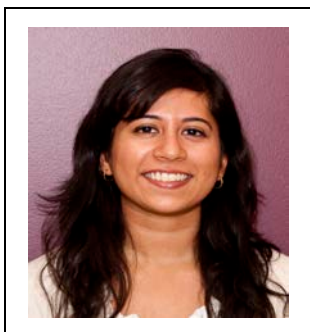
I will be forever grateful to those of you I have had the pleasure of getting to know and work with over the past few years - for your insight, relentless support, patience, invaluable teachings, and of course, lots of laughs. I also want to say a special thanks to the incredible group of co-residents I was able to share this journey with - I will never forget the good times we shared and the memories we made. After my residency, I will be spending some time traveling (first up a road-trip to Alaska and back!) and finally searching out a pharmacist position, with high-hopes of sticking around in the Bay Area. I wish everyone the absolute best and hope to see you all again sometime in the near future!



**Johnny Rau
(UCSF)**

I went to pharmacy school at UCSF and stayed on for my PGY1 residency. Completing this residency has been one of the most rewarding experiences I have had in my life. I can walk away saying that I have achieved everything

that I wanted to achieve when I started one year ago. I have worked with incredible mentors and preceptors and strengthened my clinical skills. I have discovered areas of interest in pharmacy that I want to pursue. I have gained confidence as a pharmacist and as a clinician. But most importantly, one thing that I am walking away with that I did not expect coming into residency is meeting a phenomenal group of co-residents, who I now consider lifelong friends, whether they like it or not. Through every rotation, conference, evening seminar, presentation, we endured it together. It is a bittersweet end to a very, very, long journey, and I leave with no regrets. After the completion of this residency, I plan to take my talents and ultimately pursue a career in pharmacy informatics.

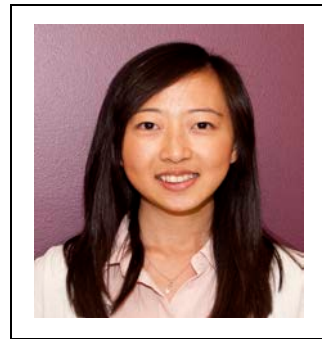


**Soniya Tambe
(UCSF)**

The past five years of my training at UCSF have been part of an incredible journey. I have worked with many remarkable mentors, preceptors, staff, and faculty who have challenged me to go beyond my comfort zone and supported me in my

professional growth. Throughout the challenges of residency year, my co-residents and I became great friends as we bonded over our late nights in the office, “resi-isms,”

and our many common struggles and achievements. I have learned so much from the staff and administration this year, and I continue to be inspired and invigorated by our culture of pharmacy practice. As I make the move to Chicago and begin the next chapter of my training as a PGY-2 Hematology/Oncology resident at Northwestern Memorial Hospital, I am excited to bring with me the skills and training I have gained as a resident at UCSF. It is bittersweet to leave UCSF, though I know I will always be part of the UCSF family. Thank you all for a wonderful year!



**Marisela Tan
(UCSF)**

What an incredible year! My pharmacy journey started five years ago here at UCSF with pharmacy school. As a pharmacy student, my goal was to one day become a competent clinical pharmacist working

alongside an interprofessional team to provide high quality patient care. The innovation, passion, and collaboration that I witnessed at UCSF as a pharmacy student inspired me to complete my PGY-1 training here with the hopes of learning from some of the greatest leaders in the profession. Reflecting on the past year, I feel that I have grown immensely both professionally and personally thanks to all the preceptors, staff, and faculty that have generously shared their knowledge and provided guidance. In addition, the experiences that I have had this year have helped mold me into a better clinician, a more creative teacher, and a more thoughtful researcher. I am thankful to have interacted with so many talented and inspiring individuals and to have gone through this amazing experience with the best 18 co-residents! Over the past few years, the profession of pharmacy has changed drastically and UCSF has continued to play an active role with implementation of the new changes. It definitely is an exciting time to be a pharmacist, and I am absolutely thrilled to continue my training at UCSF as a PGY-2 oncology specialty resident!



**Michael Trillanes
(Western University of Health Sciences)**

In what felt like a few blinks of the eye, I am now at the end of my residency year. I never imagined that it would have been so quick, but at the same time, so fruitful. After completing pharmacy school at Western University of

Health Sciences, I was absolutely excited to train at UCSF. The experiences I had more than exceeded the expectations I had on my first day of residency. The preceptors, faculty,

and staff have been instrumental in my growth and I am completely indebted to them. The experiences I have had made me a well-rounded clinician, a passionate academician, and an inspired leader, and I will continue to use everything I have learned to be an advocate of the profession. I am also sad to part ways with my resident family – such a group of amazing individuals that I have learned so much from and with whom have shared

countless laughs.

Now I begin the next phase of my life: establishing my career. Moving forward, I will be pursuing inpatient clinical positions at teaching hospitals, so I can continue precepting students and potentially residents. I truly feel that I have become part of a family this past year and will miss everyone tremendously. I wish everyone the best in their endeavors!

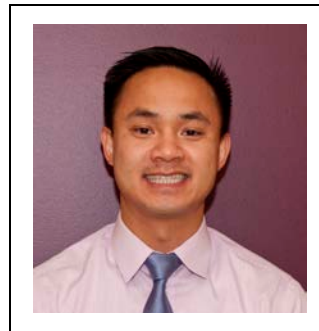
Pharmacy Specialty Residents



**Sarah Carrillo
(PGY2 Psychiatry)**

I am very grateful for the fantastic opportunities this year has brought. I have enjoyed working with a wide range of patients in many care settings; pediatrics and adults, inpatient and outpatient, with varying mental

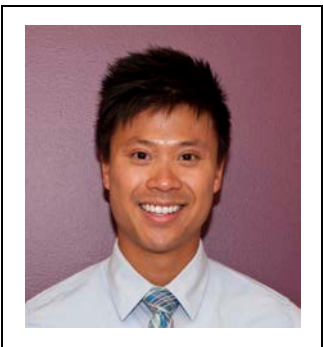
stresses. Working with these patients has been infinitely rewarding, and I look forward to using the skills and knowledge I gained this year to help optimize quality of life for many patients to come. I am excited to continue my stay in the Bay Area as I begin my career developing the first psychiatric pharmacist position for Alameda Health System. In my spare time, I intend to continue advocating for pharmacist involvement in improving psychotropic utilization in foster children and look to future opportunities to advance that goal. I will never forget my six years with UCSF and will cherish the connection always.



**Son Ho
(PGY2 Oncology)**

I earned my PharmD degree from the University of California, San Diego School of Pharmacy prior to completing both my PGY1 Pharmacy Practice and PGY2 Oncology residencies at the University of

California, San Francisco Medical Center. At UCSF, I was able to work alongside amazing preceptors and co-residents, who have helped me grow professionally and personally. I would like to thank all of you for your support and encouragement throughout these amazing experiences. I do not think I would have grown to where I am today without your help. For all that everyone has done for me, I cannot thank you enough. I am excited to say that I have been blessed with the tremendous opportunity to continue to work alongside these inspirational figures as a per diem pharmacist at UCSF. I look forward to the opportunities and experiences that await me post-residency.



**Bao Dao
(PGY2 Oncology)**

How time flies! After completing my Doctor of Pharmacy and MBA from Drake University, I moved to Rochester, Minnesota to complete my PGY-1 at Mayo Clinic. Early on during my PGY-1, I solidified my desires to become an

oncology pharmacist. This led me to San Francisco to complete my PGY-2 in oncology/hematology at UCSF. I knew coming to UCSF I would get first-class clinical training with outstanding preceptors. During my time at UCSF, I have been fortunate to work closely with my mentors, fellow residents, students, nurses, and physicians. I sincerely thank every single person for making this an extraordinary residency year. My experiences at UCSF have been so great -that I am planning to stay at UCSF as a clinical float pharmacist.



**Jane Huh
(PGY2 Pediatrics)**

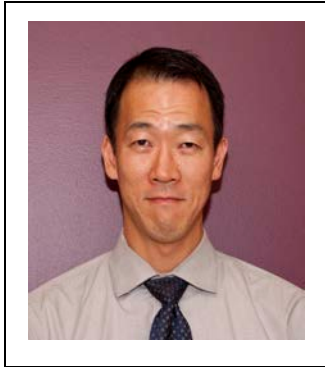
I was born and raised in Seattle and completed both my undergraduate and pharmacy education at University of Washington. Immediately after graduation, I worked as an agency retail pharmacist in the greater Seattle area and

in eastern and northwestern Washington as well. The year after, I completed a PGY1 Pharmacy Practice residency at The University of Kansas Hospital.

I have a sincere appreciation for the commitment, teamwork, and compassion shared by everyone at UCSF, and it was a privilege to learn and grow here. I cannot thank my preceptors and colleagues enough for their contribution of making it such a rewarding and unforgettable experience. After residency, I will be returning to The University of Kansas Hospital to be an emergency department

pharmacist, with the opportunity to continue working with pediatric and neonatal patients as well.

Since graduation, I have progressed in leaps and bounds past what I thought I could ever accomplish. Though I will truly miss everyone here and my departure is bittersweet, I will keep the momentum I have gained here to continue challenging myself wherever my career takes me.

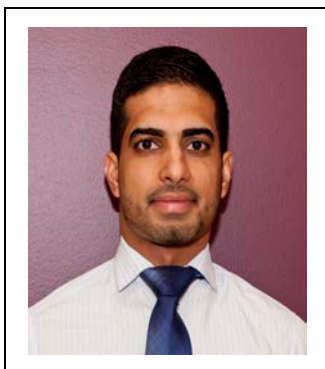


**Emanuel "Manny"
Kwahk
(PGY2 Informatics and
Technology)**

It was a great experience to return as the pharmacy informatics resident to UCSF, where I had trained as a student and intern. As before, I was inspired by the excellent members of

the UCSF pharmacy community - technicians, pharmacists, faculty, alums, and residents! This past year was eventful professionally - I had the opportunity to train in EPIC administration and work on projects with the Willow, Mission Bay, and Pharmacy Billing teams. It has been rewarding to watch projects progress from the planning stages to implementation.

An unexpected bonus of completing a UCSF PGY2 residency program was that I met 18 fantastic co-residents. I wish them all lots of luck as they continue on in their professional careers! As I continue on my own professional journey (next stop is Davis!), I will always have fond memories of my years at UCSF.



**Navaneeth "Nav"
Narayanan
(PGY2 Infectious
Diseases)**

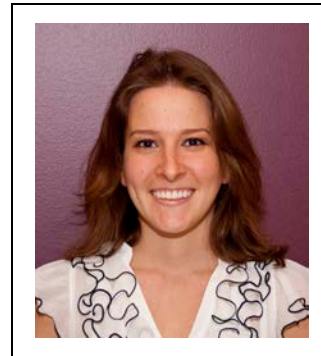
This year has been the most fulfilling year of my professional career thus far. I could not have been in a better learning environment for my infectious diseases (ID) and leadership training.

This is a tribute to the positive influence and teaching by all of my preceptors and mentors throughout the year. The amazing thing about UCSF was that everyone from preceptors to high level administration (School of Pharmacy and Medical Center) was always available and genuinely cared about my development as a clinician and as an individual.

I was given the greatest opportunities as a trainee – working with a tremendous ID department at UCSF and San Francisco General Hospital, taking a clinical research course, a variety of teaching activities at the SOP, and participating in the Global Health Clinical Scholar Program. It was a surreal experience to design and carry out a global health research project in Roatan, Honduras (with a great co-

resident) that will hopefully be the first step to subsequent capacity-building projects in the near future.

I started my pharmacy career by attending the Ernest Mario School of Pharmacy at Rutgers University and will be returning there in August as ID Clinical Faculty practicing at Robert Wood Johnson University Hospital. To me, people make an institution great and that is what I will truly miss at UCSF – especially my amazing co-residents who were my family in SF. I will always have a connection with UCSF. Thank you all for an extraordinary year!



**Sylvia Stoffella
(PGY2 Pediatrics)**

Having graduating from Duquesne University Mylan School of Pharmacy in Pennsylvania and completing my PGY1 Pharmacy Practice Residency at Indian River Medical Center in Florida, I

would not have predicted where I would be today, including the unforgettable friendships I have made and the clinical skills and therapeutic knowledge that I have gained at UCSF. As Oprah creatively stated, "You must feed your mind with reading materials, thoughts, and ideas that open you to new possibilities." This quote fully embodies my PGY2 Pediatric Residency year at UCSF, where I have been challenged to think outside the box and further develop my clinical and teaching skills. I am very thankful to have had the opportunity to professionally grow and learn from an amazing group of people including my mentors, preceptors, co-residents, faculty, directors, physicians, and nurses. I am grateful to have had a unique global health experience of being immersed in medication access and pharmacy processes at Roatan Public Hospital, Honduras with my co-resident Nav as well as being able to teach and precept students throughout the year who consistently inspire me. Most importantly, I have to thank my incredible co-residents, my residency director Sarah, Dan Wandres, Julie Wilson-Ganz, the pediatric pod, and all the faculty and staff for being so supportive and helping to develop our growth this year. After the end of the residency year, I am looking forward to staying on as a Pediatric Pharmacist at UCSF Benioff Children's Hospital, where I will continue to develop relationships with team members and remain committed to my patients through lifelong learning and personal growth.