Special New Residents Edition, July 2014

#### Welcome 2014-2015 Residents!

#### **Pharmacy Practice Residents**



#### Kristen Ammay (University of South Carolina)

I was raised in Kings Mountain, North Carolina. Following high school, I moved to South Carolina and obtained my undergraduate degree in neuroscience at Furman University. Though I had

initially been interested in medical school, I eventually found my passion in pharmacy and earned my PharmD at the South Carolina College of Pharmacy. Through my years at SCCP I developed an interest in clinical pharmacy. I had many diverse experiences throughout my advanced rotations that enabled me to identify strengths and weaknesses, and reinforced my residency aspirations. Thus far, cardiology and critical care are my primary areas of interest; however, I also possess a special interest in alternative medicine and areas that offer opportunities in both ambulatory and acute care settings. I am thrilled to be one of the 2014-2015 UCSF PGY1 residents! I was drawn to the UCSF residency program by the innovation, diversity, and emphasis on patients as well as teaching. I look forward to the challenges throughout residency that will promote growth and development, both professionally and personally.

Outside of pharmacy I enjoy music, traveling, exercise, and time with family and friends. My favorite ways to stay active are scenic runs, Jillian Michaels workouts, and surfing. I love fun, people, and the Denver Broncos (and yes, I was a fan before Tebow or Manning)! My life philosophy is to embrace diversity, strive for balance, live enthusiastically, and practice *aloha*.



## Kora Avdagic (UCSF)

I am originally from Sarajevo, Bosnia and Herzegovina, a small country that shares the Adriatic Sea with Italy, but more known for the recent civil war in the early 90s. My family and I are fortunate enough to

have survived, and one of the reasons we are still alive and

well today is thanks to the help of complete strangers from faraway places, who risked their own lives to help others in need. After the war, I completed my undergraduate studies in linguistics, literature, and economics in Sarajevo. Shortly after, I moved to Caen, France to work with the European Youth Commission, and to enjoy the French cuisine of course. My most recent move was to San Francisco where I completed pharmacy school at UCSF. In my spare time, I annoy the neighbors with my piano, read French literature, and look for any opportunity to travel.

I am very excited to be starting the PGY1 residency at UCSF. My personal experience has shaped my clinical interest, and I am very excited about the opportunity to participate in UCSF's Global Health initiatives as a pharmacy resident. I can't wait to start and meet all of my coresidents.



#### Mackenzie Clark (University of Montana)

I am fortunate to call Montana my home. Born and raised in Montana, I ventured out to Palomar Community College in San Diego for my first years of undergraduate school and to play softball. I made my way

back to the University of Montana-Missoula to complete pharmacy school. Throughout school, I was an intern pharmacist at a local hospital, an opportunity that has deepened my passion for patient care and being a clinical pharmacist.

Although Montana has my heart, I am excited to start my next journey in San Francisco and explore the endless possibilities the town has to offer. In my spare time, I enjoy anything active (running, Crossfit, basketball, softball), traveling, spending time with my family and friends as well as trying new delicious restaurants. My professional interests are in critical care, emergency medicine, and solid organ transplants. I look forward to the dynamic environment at UCSF and the endless opportunities to teach and learn. This next year will be full of hard work, new friends, and lots of fun; I can't wait to call San Francisco and better yet UCSF my new home!



### Esther Fleischman (UCSF)

I was born and raised in tropical Singapore and Malaysia. When I was a teenager, my family immigrated to Bridgeport, Connecticut. I pursued a Bachelor's of Science in Biology and minor in Math at the University of

Bridgeport. After meeting my husband who is a Bay Area native, I moved to San Francisco and attended pharmacy school at UCSF. Presently, I am interested in pediatrics and teaching. Outside of work, I enjoy taking friends and family who visit around my adopted city, and going on road trips to explore national parks. I am excited to extend my time in San Francisco and embark on this journey with my coresidents. Hopefully, we can squeeze in time to visit new or favorite restaurants after long days of working hard at the medical center. Lastly, I look forward to working with faculty and preceptors who have made my years as a student so enriching.



## Gary Fong (UCSF)

I grew up in southern California in a small town called Oak Park. I went to the University of California, Los Angeles for my undergraduate studies where I majored in microbiology, immunology, and molecular genetics. After

graduating, I moved to the Bay Area to attend the University of California, San Francisco for pharmacy school. Since starting pharmacy school, I have developed a strong interest in infectious diseases, cardiology, and pharmacokinetics. I have also had the opportunity to do some teaching, and I hope to continue that throughout my career.

Outside of pharmacy, I am an avid sports fan (Go Bruins!), foodie, and beer enthusiast. When I am not busy pestering family and friends with pharmacy talk, I like to go to the gym and cook somewhat healthy. Over the years, I have also developed an interest in sneakers, which has led to an alarmingly large collection of shoes. In the coming year, I hope to share my interests with my co-residents and am looking forward to learning about theirs as we officially start our lives as pharmacists!



#### Calvin Huynh (UCSF)

I am originally from San Jose, California, which is just an hour south of San Francisco on 101. After graduating from high school, I moved an hour north on 880 to attend the University of California, Berkeley where I earned my Bachelors of Science in

Chemical Biology. Keeping with my Bay Area roots and completing my triangle around the bay, I moved 35 minutes west across the Bay Bridge to attend pharmacy school at the University of California, San Francisco. I feel extremely fortunate to have the opportunity to stay at UCSF and am ecstatic to begin my PGY1 Pharmacy Practice Residency here. I am very much looking forward to exploring my professional interests in Emergency Medicine, Critical Care, Infectious Diseases, and teaching. In this upcoming year, I hope to build upon my clinical and teaching experiences and to contribute to the UCSF community and pharmacy as a profession. Despite seemingly living in a Bay Area bubble, I absolutely love to travel and spent 2 months in China recently. My more local hobbies include experimenting in the kitchen with cooking and baking (particularly macaroons at this time!), discovering San Francisco one bite at a time, hiking, and running.



## Marti Larriva (University of Arizona)

I was born and raised in Tucson, Arizona and attended undergrad at the University of Arizona. I received my Bachelor's in Chemistry and then went on to obtain my PharmD at the University of Arizona College of Pharmacy. My

main interests include oncology, clinical research, and teaching. In my down time, I enjoy hanging out with friends, playing with my niece and nephew, trying new restaurants, hiking, cooking, and baking. I am excited to venture outside of my hometown to one of the best cities California has to offer!



Vivian Loo (Midwestern University)

I grew up in San Marino, California, a small suburb of Los Angeles, and completed my Bachelor's of Science at UC San Diego in General Biology. I then moved to the hot desert of Arizona to attend pharmacy school at Midwestern University, College of Pharmacy —

Glendale. My personal interests and hobbies include reading, exploring, and napping. My favorite author is Khaled Hosseini, and my favorite book is The Little Prince. I love finding unique and interesting things to see, do, and eat. And naps, well, that speaks for itself.

My professional interests include oncology and infectious diseases. For the upcoming residency year, I look forward to the opportunities to expand my clinical knowledge, hone my patient care and communication skills, and develop my teaching abilities. I am so excited to be spending my PGY1 year at UCSF and very much looking forward to the change in scenery, cooler weather, and all the amazing experiences that UCSF has to offer!



Shawn Mazur (Regis University)

I am originally from Atlanta, Georgia. I completed my undergraduate studies at Saint Louis University where I received my Bachelor of Arts in Biology. I recently graduated with my Doctorate of Pharmacy

from Regis University in beautiful Denver, Colorado, and I am excited to continue my journey West by completing my PGY1 at UCSF! My professional interests include Infectious Diseases, HIV/AIDS, Internal Medicine, and teaching. My interests outside of pharmacy include hiking, running, attending live music shows, and trying new restaurants. I expect this upcoming year to be challenging, but I know these experiences will help me become the proficient clinician and instructor I aspire to be. Overall, I am looking forward to meeting and working with the exceptional faculty and staff at UCSF as well as my new co-residents!



#### Steven Merrill (University of Colorado)

I grew up in a small town outside of Baltimore. For my undergraduate degree, I moved to Colgate University in upstate New York where I studied Molecular Biology and German. I received my Doctorate of Pharmacy from the University of Colorado, and I am excited to continue

my journey west to San Francisco. I enjoy cooking and baking, but mostly eating. I like all things outdoors including hiking, biking, snowboarding, tennis and soccer, and I've always found beer tastes better when you've earned it. My professional interests include critical care and neurology, and I'd like to see clinical pharmacist roles continue to grow in both ambulatory and acute care fields. I enjoy teaching and research and hope to eventually find a position that affords me opportunities for both. I am thrilled to be a part of the UCSF family and look forward to meeting my new colleagues and making many new friends.



## Clara Mikhaeil (UCSF)

I was born and raised in Assiut, Egypt. At the age of 12, I immigrated with my family to Los Angeles, California where I spent my early teen years. I moved to the Bay Area for my undergraduate education. I graduated from UC Berkeley with a Bachelor of

Arts in Molecular and Cell Biology (emphasis in Biochemistry) and Near Eastern Studies (emphasis in Arabic Language). I completed my Pharmacy Doctorate at UCSF in the spring of 2014.

I love outdoor activities including hiking, jogging, and swimming. I also enjoy traveling whenever I have the time (and the money). I have been to 6 countries thus far with a life-long goal of visiting at least 50. My professional interests are currently focused in ambulatory care. With the new legislation for pharmacists' provider status, I hope to play a major role in expanding the pharmacy field into the clinic setting. I am confident that my PGY1 at UCSF will put me on the right path to achieve my professional goals. I look forward to the endless learning opportunities that I will encounter during my PGY1 at UCSF and to life-long friendships.



### Krishna Shah (UCSF)

I was born in Ahmedabad, India but moved when I was three years old and grew up in Irvine, California. For my undergraduate studies, I went to UC San Diego where I graduated with a Bachelor of Science in Biochemistry and a minor in Psychology. I then moved to San Francisco to attend pharmacy school at UC San Francisco. In my free time, I like exploring the city, painting, reading (for fun), travelling, trying out new restaurants/coffee shops, and cheering on the Lakers. My areas of interest include Toxicology, Transplant, Infectious Diseases, academia, and global health. I am very excited to continue developing both professionally and personally at UCSF. I look forward to working closely with the faculty, staff, and my co-residents next year.

#### Pharmacy Specialty Residents



### Rajat Bansil (PGY2 HIV/AIDS)

I grew up in Boston and attended undergraduate at Boston University where I focused my studies on psychology and neuroscience. After college I began working at Walgreens as a pharmacy technician where the

compassion and professionalism of the pharmacists impressed me. When I was admitted to UCSF, I was unaware of the pharmacist's role outside of the community pharmacy. However, after completing pharmacy school and a PGY1 residency at UCSF I am impressed by the opportunities available to pharmacists in direct patient care. Managing patients with HIV/AIDS in the clinic presents a dynamic challenge that promises not only to engage my intellectual curiosity throughout my career, but also to satisfy my desire to build meaningful and enduring therapeutic relationships with my patients to improve the health of our community. Accordingly, I am excited to continue at UCSF as a PGY2 specialty resident in HIV/AIDS.

Personally I am driven to explore life as fully as I can. I love to travel, make new friends, and improve my knowledge, skills and health. I am particularly interested in exploring the culinary world from gardening to cooking, from growing grapes to making cocktails. My passion for medicine and the practice of pharmacy ultimately complements these life goals by constantly challenging me to not only expand my knowledge of people and their health but also my ability to communicate and effect positive change.



## Meredyth Bond (PGY2 Pediatrics)

Hello everyone! If I had to say I'm from somewhere I would say Cincinnati, Ohio. I grew up moving a lot, totaling 14 times once I get to San Fran. I went to three different high schools, including the American School in Japan. I

completed my prerequisites at the University of Kentucky. I then received my PharmD at the University of Cincinnati, where I am the third generation in my family to graduate from that college of pharmacy. I am finishing up my PGY1 at University Medical Center of Southern Nevada in Las Vegas. I am looking forward to continuing my professional development as one of next year's PGY2 Pediatric Specialty residents. I have always been interested in pediatrics and am very excited to further explore the critical care and oncology aspects of pediatrics. Outside of work, I enjoy spending time with my family, playing sports, and shopping. In Vegas I currently play on three soccer teams! I very much enjoy being active and hope to complete another half marathon this upcoming year.



#### William Hung (PGY2 Informatics & Technology)

Hello! My name is William and I am originally from the city of Toronto in Canada. I moved to Palo Alto, California when I was in middle school and went on to earn a Bachelor of

Science in Biochemistry at UCLA. I obtained my Doctor of Pharmacy from UCSF and am happy to return to complete the PGY2 in Informatics and Technology.

In my spare time, I enjoy singing, attending performances, playing video games, and spending time with friends/loved ones. This year, I hope to continue to explore

the Bay Area and get to know my co-residents, colleagues, and preceptors. Professionally, I aim to build upon the foundation I gained as a PGY1 and learn about the intricacies of Pharmacy Informatics. Specifically, I hope to learn about clinical decision support, further understanding of pharmacy automation, and gain a deeper comprehension of electronic health record management. Both professionally and personally, I look forward to a great year!



#### Linda Johnson (PGY2 Infectious Diseases)

I am from a small town in New Jersey called Bergenfield. My family moved to America when I was ten years old from India. After coming to America, I have done all of my schooling in New Jersey completing my Doctor of Pharmacy degree

from Ernest Mario School of Pharmacy at Rutgers University in May 2013. Thereafter, I completed a PGY1 pharmacy residency at Atlantic Health System in New Jersey. Infectious Diseases has always been a passion of mine, and next year I look forward to strengthening my clinical, teaching, and research skills as well as exploring the various opportunities that UCSF has to offer. Outside of work, I love to explore new places, try new foods, and watch movies, particularly ones from the action and horror genre. I am thrilled to move to San Francisco this year and meet/work with the UCSF staff as well as my new co-residents!



#### Michael Lander (PGY2 Medication-Use Safety)

Hello, my name is Michael, and I grew up in South Euclid, Ohio. I moved from this former farming and bluestone-mining town on the outskirts of Cleveland to Ithaca, New York, for college, where I completed my

Bachelor of Arts with German literature and microbiology concentrations at Cornell University. An exhilarating postundergraduate year as a science writer among the rolling hills of western Massachusetts inspired me to return home and prepare for pharmacy school. Now, as a graduate of the University of Michigan's College of Pharmacy, I am completing a PGY1 residency at Hazard ARH Regional Medical Center in the heart of Kentucky's beautiful Appalachian region. I am excited to be returning to the West Coast - where I worked as a pharmacy technician at Long's for a summer - and pursuing my deep interest in medication safety at UCSF. Just as much as I hope to improve my skill in identifying and resolving patient safety issues, I will seek to build my competence as a well-rounded practitioner. I also look forward to exploring the sights, sounds and flavors of San Francisco. During free moments, I

run, bike, and open-water swim as well as correspond with family and friends by hand-written letter (when I'm too far away to enjoy their company).



# Hue Nguyen (PGY2 Oncology)

I grew up near Minneapolis, Minnesota. I completed prepharmacy studies as well as my Doctor of Pharmacy and Master of Public Administration at Drake University in Des Moines, Iowa. After graduating from pharmacy school, I was fortunate enough to come

to the West Coast to complete my PGY1 pharmacy residency at Stanford Hospital & Clinics.

Growing up in Minnesota (The Land of 10,000 Lakes!), I love outdoor activities such as hiking, swimming, kayaking, canoeing, camping, and basking near bonfires with good company. I have also enjoyed exploring the farmers' markets, parks, and rock climbing venues that the SF Bay Area offers. I am highly looking forward to learning alongside and getting to know my co-residents and the staff at UCSF. In addition to strengthening my knowledge in hematology/oncology pharmacy throughout my PGY2 year, another goal of mine is to increase my involvement in pharmacy organizations along the way in order to help advance the profession as a whole. Cheers!



#### Melissa Rees (PGY2 Pediatrics)

I grew up in Rochester, New York, which is a lot greener and much more beautiful than most people imagine New York to be. I completed a Bachelor of Arts in Theatre Arts at Marymount Manhattan College in New York City before deciding on

a career in pharmacy. I earned my PharmD from Virginia Commonwealth University – Medical College of Virginia, in Richmond, Virginia and completed a PGY1 at Seattle Children's Hospital in Seattle, Washington. I worked for a short time at Cook Children's Medical Center in Fort Worth, Texas before heading back to the west coast for a PGY2.

I love crafting, photography, bike riding, traveling, reading and playing with my Siamese cat, Switters. After residency, I hope to learn to sail and play the cello. I am looking forward to moving back to the West Coast, to exploring San Francisco and its culinary delights and arts culture. My interests within pediatrics include bone marrow transplant, solid organ transplant, teaching and clinical research. I am excited to grow as a practitioner as I am learning more about teaching and research, pediatric pharmacy and being a part of the incredible community at UCSF!



(PGY2 Oncology)
I grew up in San Francisco
and completed my
undergraduate degrees in
Molecular Toxicology and

Marisela Tan

Molecular and Cell Biology with emphasis in Immunology at UC Berkeley (Go Bears!). After 4 years in

the East Bay, I came back to San Francisco for pharmacy school at UCSF and stayed on for my PGY1 Pharmacy Practice residency. My undergraduate research project on breast cancer planted the seed, and the incredible training and mentorship that I have had at UCSF thus far has allowed me to grow my passion for oncology. Over the next year, I hope to continue building my clinical, research, and teaching experiences in oncology and ultimately use that training to contribute to pharmacy at UCSF and overall as a profession. When I am not at the medical center, I like to spend my time exploring new restaurants, catching up on the latest episode of Modern Family, and cheering on the Niners and Cal Bears! I am looking forward to another fantastic year ahead training alongside my mentors and role models!



Kristine Widboom (PGY2 Critical Care)

Hi everyone! My name is Kristine Widboom and I am from Minneapolis, Minnesota where I attended the University of Minnesota and earned Bachelor of Science degrees in Biology and Chemistry and a Doctor of Pharmacy

degree. I completed my PGY1 Pharmacy Practice residency at the University of Minnesota Medical Center. My primary areas of interest in the field of critical care include infectious diseases, transplantation, management of bleeding and clotting, and moderation of pain, agitation, and delirium. My goals for the second year of my residency training are to explore my practice interests and gain expertise and experience in critical care that I can apply in my future endeavors in clinical practice, teaching, and research. Outside of work, I enjoy being outside and love to hike and bike. I also like to try new restaurants (especially Thai and Japanese), cook (I encourage you to send any great recipes or food ideas my way), travel, and read. My husband and I are thrilled to move to California and experience San Francisco and see all that northern California has to offer. I am looking forward to an exciting and challenging year and can't wait to meet, work with, and learn from you all.

Photos: Steve Batiloro