

FDA Perspective on Patient Preference Information

Anindita Saha Director, External Expertise and Partnerships Center for Devices and Radiological Health US Food and Drug Administration

> FDA/CERSI PPI Workshop December 7, 2017

Patients are at the Heart of What We Do





CDRH Vision: Patients in the U.S. have access to high-quality, safe, and effective medical devices of public health importance first in the world

www.fda.gov

Evolution of the Role of the Patient





www.fda.gov

Patient Preference



- Patient preferences are defined as qualitative or quantitative assessments of the relative desirability or acceptability to patients of specified alternatives or choices among outcomes or other attributes that differ among alternative health interventions
- Relevant preferences of carepartners (e.g., parents) and health care professionals may also be considered



Guidance: Patient Preference Information – Voluntary Submission, Review in Premarket Approval Applications, Humanitarian Device Exemption Applications, and De Novo Requests, and Inclusion in Decision Summaries and Device Labeling

How is PPI different from PRO?



- **Patient-reported outcome (PRO)** is any report of the status of a patient's health condition that comes directly from the patient, without interpretation of the patient's response by a clinician or anyone else
- PRO instruments are designed to measure a patient's perceptions of health status before, during, and after therapy
- Patient preference studies measure what specified type of therapy or attributes of a given therapeutic or diagnostic strategy a patient might prefer



PPI Framework in Medical Product Development



Development	Clinical Trial Design	Pre-Market Benefit-Risk Assessment	Post-Market
 Identify unmet medical need 	 Inform endpoint selection 	 Analysis of condition Current treatment 	 Inform interpretation of new data affecting benefit-risk
2. Understand what matters most to patients about their disease or treatment	2. Inform performance goal	options 3. Patient perspective on benefit-risk tradeoffs	assessment 2. Communicate benefit- risk information to patients

Rare pediatric cancer case study

Neurodegenerative case study

Preference Sensitive Decisions for Disease Areas



- PPI may be particularly useful when diseases are "preference sensitive"
- Patient decisions regarding treatment options are preference sensitive when:
 - multiple treatment options exist and there is no option that is clearly superior for all patients;
 - when the evidence supporting one option over others is considerably uncertain or variable; and/or
 - patients' views about the most important benefits and acceptable risks of a technology vary considerably within a population, or differ from those of healthcare professionals.

Preference Sensitive Decisions for Products



- Is a decision preference sensitive?
- Does the medical product:
 - □ Have a direct patient interface?
 - □ Intend to yield significant health and appearance benefits?
 - □ Intend to directly affect health-related quality of life?
 - □ Have certain life-saving but high-risk characteristics?
 - □ Fill an unmet medical need or treat a rare disease or condition?
 - □ Offer alternative benefits to those already marketed?
 - □ Represent novel technology?
- Not all decisions are preference sensitive

Recommended Qualities of Patient Preference Studies



Well-designed and conducted patient preference studies can provide valid scientific evidence regarding patients' risk tolerance and perspective on benefit.

- A. All about Patients
 - Patient Centeredness
 - Sample Representativeness
 - Capturing Heterogeneous Patient Preferences
 - Comprehension by Study Participants
- B. Good Study Design
 - Established Good Research Practices
 - Effective Benefit-Risk Communication
 - Minimal Cognitive Bias
 - Relevance
- C. Good Study Conduct and Analysis
 - Study Conduct
 - Logical Soundness
 - Robustness of Analysis of Results



Qualities: All about Patients



Patient Centeredness

- Patients are the focus of the study
- Should measure the preferences and perspectives of well-informed patients

Representativeness of the Sample and Generalizability of Results

• Should measure preferences of a representative sample of adequate size so that the study results can be reasonably generalized to the population of interest

Capturing Heterogeneity of Patients' Preferences

- Patients' preferences may be heterogeneous even among those with the same disease or condition
- Should reflect the preferences of patients from the full spectrum of disease for which the device is intended to be used

Comprehension by Study Participants

• Ensure that study participants fully understand the harm, risk, benefit, uncertainty, and other medical information being communicated to them

Qualities: Good Study Design



Established Good Research Practices by Recognized Professional Organizations

• Quality of a study may be established if it follows guidelines for good research practices established by a recognized professional organization

Effective Communication of Benefit, Harm, Risk, and Uncertainty

- Reduce uncertainty caused by health numeracy
 - Avoid solely verbal descriptions of uncertainty; Use multiple formats simultaneously
 - Pretest the communication format

Minimal Cognitive Bias

• Minimize cognitive biases such as framing, anchoring, simplifying heuristics, or ordering effect

Relevance

- Inclusion and omission of harm, risk, benefit, and uncertainty should be well justified
- Relevance of specific endpoints to potential clinical outcomes should be clearly communicated to properly elicit preference

Qualities: Study Conduct and Analysis



Study Conduct

• Compliance of research staff and study participants with the study protocol

Logical Soundness

- Data should include internal-validity tests of logic and consistency
- Verified for conformity with logic and consistency

Robustness of Analysis of Results

- Sources of uncertainty
- Sensitivity analysis

Recommendations for PPI Collection



- Talk to FDA early and often to make sure
 - The study asks a relevant research question and includes the attributes/levels of regulatory interest
 - Ranges of levels cover results observed in clinical study
- Choose an appropriate study design
 - # of interested attribute: Single-attribute (e.g., threshold technique) vs multi-attribute (e.g., DCE, BWS) methods
 - Comparator(s)
- Stratified randomization for balanced subgroups to capture preference heterogeneity
- Encourage data quality assessment plan

Recommendations for PPI Documentation



- Development of survey instrument
 - Justification for the chosen method
 - Attribution/level generation & selection process
- Pre-test document as critical evidence to show respondents understand questions and can finish the survey
- Specify subgroups prospectively and stratified randomization for balanced subgroups to capture preference heterogeneity
- Encourage data quality assessment plan

General Steps to Measure Preferences



- Different methods, the same questions:
 - Which one would you prefer and how important is it?
- Glossary
 - Attribute: Benefits, risks, and other considerations
 - Levels: Values or categories that attributes may take (e.g., size of benefit, frequency of SAEs, device placement procedures)
- Steps (simplified)
 - Qualitative:
 - Rank outcomes or measure benefit-risk tradeoff preference?
 - Determine attributes of interest (patients, sponsors, clinicians, FDA)
 - Design survey instrument and pretest it with patients
 - Quantitative:
 - Develop experimental design and specify analysis plan
 - Analyze collected data and document study results

Innovation from Patients for Patients



Collaboration is key to building this field

FDA



Thank You



Annie Saha anindita.saha@fda.hhs.gov



FDA/CBER Perspective on Patient Preference Information

Million A. Tegenge, PhD

Office of Biostatistics and Epidemiology, Center for Biologics Evaluation and Research (CBER), FDA

Disclaimer:

'This is an informal communication and represents my own best judgment. This presentation does not bind or obligate FDA.'

Examples of source of patient input in regulatory setting



Input from a patient representative or from a patient during open public hearing at advisory committee meeting

Patient input such as comments & narrative submitted to FDA by the patient group

Patient brought by a sponsor to an FDA-sponsor review meeting

Patient-Reported Outcomes (PRO) Patient Preference Information (PPI)

Examples of source of patient input in regulatory setting



Input from a patient representative or from a patient during open public hearing at advisory committee meeting

Patient input such as comments & narrative submitted to FDA by the patient group

Patient brought by a sponsor to an FDA-sponsor review meeting

Patient-Reported Outcomes (PRO) Patient Preference Information (PPI) Reviewer Experience

CBER's Science of Patient Input (SPI) Initiative



- Scientifically valid, qualitative and quantitative methods for capturing patient perspective information such as **PRO & PPI** on the:
 - Benefits and risks of medical products, and
 - Incorporating this information into review and regulatory decision-making
- Supports Agency efforts to more systematically capture and incorporate the patient perspective into our regulatory framework

CBER's Science of Patient Input (SPI) Initiative



- Scientifically valid, qualitative and quantitative methods for capturing patient perspective information such as **PRO & PPI** on the:
 - Benefits and risks of medical products, and
 - Incorporating this information into review and regulatory decision-making
- Supports Agency efforts to more systematically capture and incorporate the patient perspective into our regulatory framework
- Current focus :
 - Building internal review capacity and expertise
 - Collaborating with our colleagues in other FDA centers & external stakeholders
 - Exploring existing and new ways to effectively integrate PPI into our regulatory framework
 - Tracking our experience to inform continuous improvement of the science

Patient preference is elicited in clinical setting but use in regulatory context is new



	Clinical setting	Regulatory setting
Decision context	Individual	Representative sample of target population
Method & scientific rigoristic	 Qualitative Rely on clinician knowledge & judgment 	 Qualitative and/or quantitative Rigorous method & meet regulatory standard
Preference- sensitive condition	 Existing therapies (e.g. Symptom management vs curative) High risk & high efficacy 	 Experimental therapy (e.g. Therapy X with potential for cure but significant adverse effects) High uncertainty & high stakes
Result	• Qualitative & employ in the context of shared-decision making	Quantitative & inform benefit- risk analysis

What resources are available? **Example Application** Notable Initiative 2015-2012-FDA CDRH/RTI CDER/CBER MDIC B-R ISPOR ICH Format & PFDD meetings obesity Project Conjoint Structure of B-R CDRH/CBER PPI EMA cancer Report ٠ Analysis patients study guidance Industry SC vs IV INTERNATIONAL CONFERENCE ON HARMONISATION OF TECHNICAL REOUIREMENTS FOR REGISTRATION OF PHARMACEUTICALS FOR HUMAN USE Patient Preference Information rituximab Voluntary Submission, Review in Premarket Approval Applications, Humanitarian Device Exemption ICH HARMONISED GUIDELINE Applications, and De Novo Requests, Incorporating Patient Preferences Into Drug and Inclusion in Decision Summaries and Device Labeling Development and Regulatory Decision Making: REVISION OF M4E GUIDELINE ON ENHANCING THE FORMAT AND Guidance for Industry, Food and STRUCTURE OF BENEFIT-RISK INFORMATION IN ICH Drug Administration Staff, and **Results From a Quantitative Pilot Study With** Other Stakeholders EFFICACY - M4E(R2) Cancer Patients, Carers, and Regulators Document issued on August 24, 2016. This document will be in effect as of October 23, 2016 The draft of this document was issued on May 18, 2015 D Postmus^{1,2}, M Mavris¹, HL Hillege², T Salmonson^{1,3}, B Ryll⁴, A Plate⁵, I Moulon¹, H-G Eichler¹, Current Step 4 version N Bere¹ and F Pignatti¹ dated 15 June 2016 **MDIC** Preference for subcutaneous or intravenous Center for Devices and Radiological Health ER administration of rituximab among patients with untreated CD20+ diffuse large B-cell lymphoma or follicular lymphoma: results from a prospective,

M. Rummel^{1*}, T. M. Kim², F. Aversa³, W. Brugger^{4†}, E. Capochiani⁵, C. Plenteda³, F. Re⁶, P. Trask⁷, S. Osborne⁸, R. Smith⁸ & A. Grigg⁹

randomized, open-label, crossover study (PrefMab)

How to overcome some challenges ?



Challenges	What we expect from CERSI workshop?
Defining benefit and risk attributes for eliciting preference while we know less in pre-market setting	 Method of attributes selection Scope of PPI at various stage of medical product development Managing expectation & status of the science
Conducting scientifically valid PPI studies	 Discussion on how to minimize bias Choice of valid method Ideas and collaboration to generate best practice documents
Generalizing PPI studies	 Discuss preference heterogeneity & sample size Good survey conduct & sampling practices Good statistical analysis
Reviewing PPI submission and incorporating in regulatory decisions	 Building Capacity Continuous collaboration to advance methods, consensus on definition & scope



Thank you!

million.tegenge@fda.hhs.gov