CP 119 OSCE Tobacco Cessation Information

The CP119 OSCE will assess competency with the three P1 Entrustable Professional Activities (EPAs.

During a Town Hall meeting with the Class of 2019 several students expressed concern that some community IPPE sites do not offer significant opportunities for one of the P1 EPAs (e.g., tobacco cessation counseling). In response to these concerns, we are providing access to web-based practice tobacco cessation counseling exercises.

As a co-investigator on a tobacco cessation education-related research project, I have made arrangements for UCSF to have access to a series of six **VIRTUAL PATIENTS** (VPs) exercises. The goal of the VPs is to replicate a face-to-face encounter with a patient who uses tobacco AND to prepare you for the OSCE exercise with standardized patients. These activities are intended to help you master tobacco cessation counseling, by paralleling what you learned in CP111 and during IPPEs. You should allocate at least one hour for interacting with the VPs. There are six VP cases (John Legere, 1.1, 1.2, and 1.3; Tony Crosby, 2.1 and 2.2, and Carmen Gomez, 3.3), and each reflect a patient at a different stage of readiness to quit smoking.
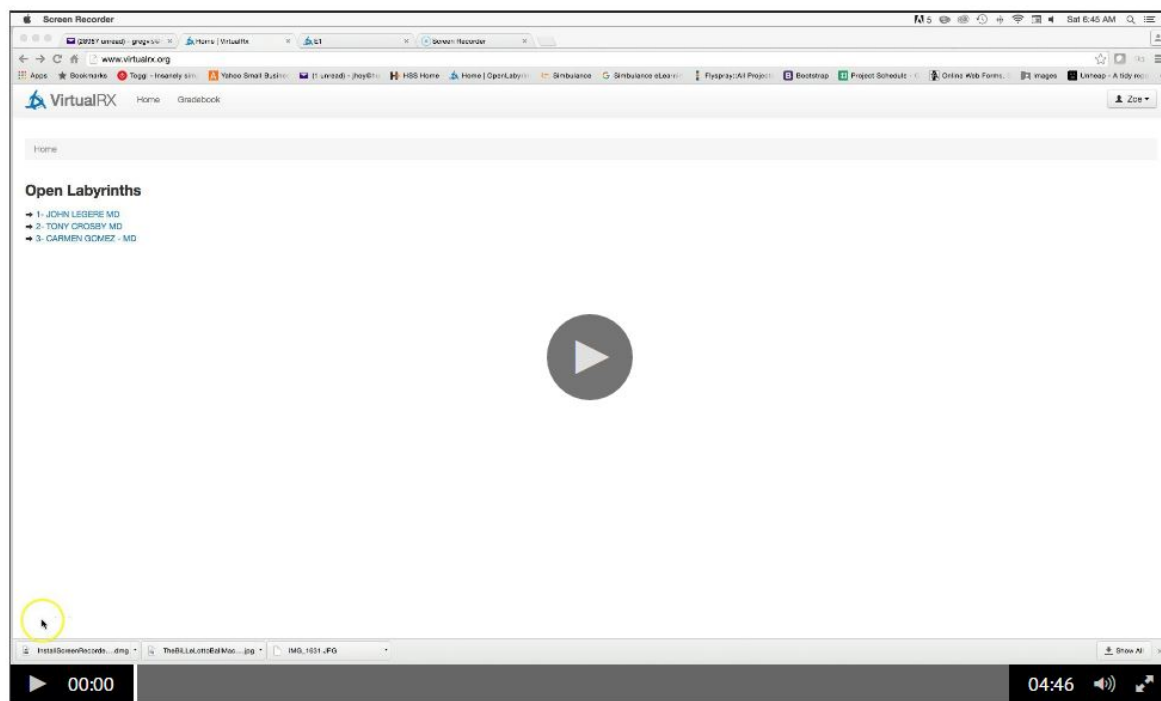
Please see the instructions below for access to the tobacco cessation VPs which are best viewed using Google Chrome as your web browser: https://www.google.com/chrome/browser/desktop/.

HOW TO ACCESS THE VIRTUAL PATIENTS

1. The program is very intuitive, but we have prepared a brief introductory video, which you might want to view first to become oriented to the navigation of the website and the various VP segments: https://screencast-o-matic.com/watch/cDiv6MiGjo. Navigate between webpages using the **ADVANCE button** at the bottom of the screens. You will also find answers to technical questions in the HELP section and Rx for Change reference materials in the RESOURCES section.

IMPORTANT: **Do not use your browser's back or forward functions to navigate**, because it will impact your scoring and the flow of the VP case.

2. Log into the Virtual Patients at www.virtualrx.org.

- Your username is your **UCSF email address**
- Your password (lower case) is: **metrix**

3. Each attempt should take approximately 12 to 15 minutes – including 8 to 10 minutes to perform, and 4 to 5 minutes to review the debriefing notes, which are provided at the end of the encounter. Ideally, you will make at least 2 attempts on each of the cases.

4. At the end of each case, please complete the brief self-evaluation questionnaire. This will help you to reflect on your performance.

5. Finally, after you have completed all six cases, you will complete the VIRTUAL PATIENT USER SURVEY. You can find this link with the list of VPs when you log in.

While this exercise is NOT mandatory, it was designed to help you prepare for interacting with standardized patients as part of an OSCE.

Should you experience any technical difficulties, please contact Greg Vis (gregvis@msn.com). Also, if you have any feedback, we would appreciate your comments. These VPs were developed with funding from the NIH, and **UCSF is one of only 2 full classes of pharmacy students to be piloting them prior to nationwide dissemination.** *Please follow the cases in order of their numbering, not in the order that they are listed (we are working on this).*

If you have any questions, please let me know.

Best,
Robin Corelli