



Updates from the Enterprise

Departing Residents Edition, June 2013

Farewell 2012-13 Residents!

Pharmacy Practice Residents



**Christine Cadiz
(UCSD)**

One year and many milestones ago, I received my Pharm.D. from the University of California, San Diego. My husband Robin and I packed up and moved to San Francisco,

where I started my PGY1 Pharmacy Practice Residency at UCSF, not knowing exactly what the journey had in store for me, but expecting a year full of challenges and professional growth. What I got was much more than I had anticipated. I worked with amazing mentors, staff, preceptors, and faculty who pushed me to become a better pharmacist and encourage and supported my growth into a more experienced and thoughtful clinician. I also fell in love with a city, created memories that will last forever, and developed new lifelong friendships. I will definitely miss San Francisco and the people at UCSF. Now, I embark on a new journey, still not knowing exactly where this one will lead me, but envisioning opportunities in clinical pharmacy and academia, adventures in motherhood and family, and surprises around every corner.



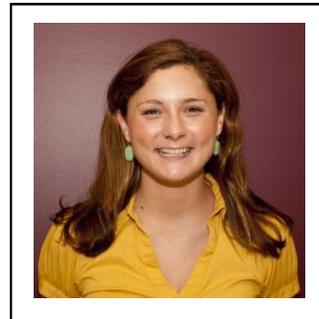
**Elizabeth "Liz" Chang
(UOP)**

This year can be summed up in one word: unforgettable. After receiving my pharmacy degree from the University of the Pacific, I embarked on a year that

was unforgettable in every way. I was given the chance to teach eager, young pharmacy students in didactic classes and learn from excellent preceptors on rotations. I have grown personally and professionally, and I am grateful to everyone who has spent time cultivating and honing my clinical skills for my professional pharmacy career.

Next year, I have accepted a position as the PGY-2 Infectious Diseases Pharmacy Resident at Kaiser

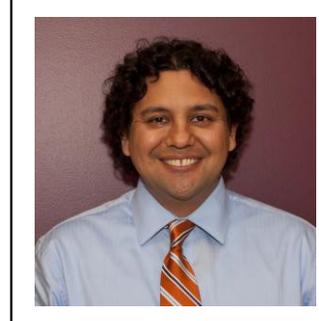
Permanente Oakland. I look forward to continuing my education in this specialty residency. To my rotation and research preceptors, pharmacy school colleagues, my pharmacy director Cathi, and lastly, my co-residents: thank you for a rewarding year. I will never forget this experience.



**Caitlin Drayna
(University of Colorado)**

I completed my Doctor of Pharmacy at the University of Colorado prior to PGY1 Pharmacy Practice Residency at

UCSF Medical Center. It has been an incredible professional and personal journey these last eleven months as a new pharmacist in a new city. I am indebted to the UCSF Pharmacy community, particularly my preceptors and mentors, for the fantastic clinical and operational pharmacy training. Upon completion of residency, I plan to pursue a career in adult internal medicine. In addition, I hope to further develop my academic and clinical research skill sets to advance pharmacy practice in California.



**Jimmy Hernandez
(Massachusetts COP)**

Those who have completed a residency at UCSF in the past all say that the year goes by fast, but it really doesn't sink in until you're the one approaching the finish

line. This has truly been one of the most challenging yet rewarding years of training I have experienced. The contacts and friends I have made the last year are ones I am certain will last a professional and personal lifetime. I will miss it all; from the lost heart-beats every time the code blue alarm sounds to the support I've received from the faculty, staff at the medical center and SOP, and all of my co-residents. I don't think this year would have been possible without them. So, a bitter sweet move to where

my pharmacy training first began. I'm excited to be starting a clinical pharmacist position at Brigham and Women's Hospital in Boston later this summer. I wish all of my co-residents and everyone responsible for our professional development the very best in all their endeavors. Until we meet again, UCSF...



**Son Ho
(UCSD)**

I earned my Doctor of Pharmacy degree from the University of California, San Diego prior to coming to UCSF for my PGY1 Pharmacy Practice

residency. At UCSF, I was able to work alongside amazing preceptors and co-residents. I would like to thank all of you for your support and encouragement. I do not think I would have gotten to where I am today without your help. For all that everyone has done for me, I cannot thank you enough. Luckily, I have been blessed with the tremendous opportunity to work alongside these inspirational figures for another year as a PGY2 specialty resident in hematology/oncology. I look forward to the opportunities and experiences that await me during the PGY2 year at UCSF.

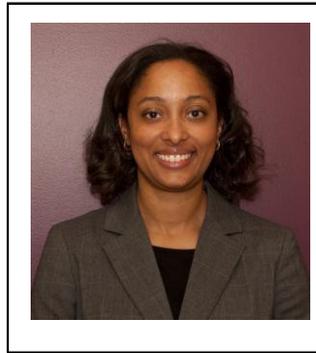


**Nancy Hung
(UCSF)**

I have had quite a journey here at UCSF. When I first began pharmacy school at UCSF School of Pharmacy in 2008, it seemed the years of studying and test taking

would never end. And then when it ended, I had to ask myself where the time went. Then when I transitioned to PGY1 residency last year, I again felt the endless nights working up patients and putting together various drug or disease state presentations would never end. And now here I am again, wondering where all the time went. I do know where all the time went. It went into getting to know the best co-residents anyone could ever wish for. It went into shaping the care of the sickest of the sick, as well as the not-so-sick. It went into slipping out of student mode and into pharmacist mode as I learned from and worked alongside pharmacists and doctors I have admired for so long. The time went by quickly, but it was rich and filled with good memories. As the year closes, I look forward to taking the next step, which is to land my first real pharmacist job. I also look forward to taking a break, as my journey has been long and I yearn to reconnect with the social life I once had. It will be a bit strange jumping back into the working world, but I look forward to the

challenges ahead and know I am equipped to deal with them. I had a blast this last year, and I thank all those around me for making it such a pleasant experience.



**Kellee James
(Howard University)**

I obtained my Doctorate of Pharmacy from Howard University in Washington, D.C. My residency has been a continuous learning experience and reminds

me of the following quote by the Dalai Lama XIV:

"To remain indifferent to the challenges we face is indefensible. If the goal is noble, whether or not it is realized within our lifetime is largely irrelevant. What we must do therefore is to strive and persevere and never give up." For my next chapter, I am pursuing a clinical pharmacist position back on the East Coast.



**Brandon Lombardo
(USC)**

"Having spent the previous four years of my life basking in the sun of beautiful Los Angeles at the University of Southern California, I took the

advice of my mentors and made the move to a place known by some as "fog city." At first I was intimidated by the fact that I would be teaching students at the number 1 ranked pharmacy school in the country, but I quickly learned that this change for me was not only a great achievement, but would soon be an experience of a lifetime. Throughout the course of this year, I have gained experiences that many pharmacists can only dream of and this can be attributed to the enjoyable and dedicated staff of the UCSF Medical Center and School of Pharmacy. I have also gained many lifelong friends along the way; my intelligent, devoted, and deeply compassionate co-residents.

Having learned to love the mad surge of adrenaline that rushes through my body following the overhead page of a "code blue," I will miss the many opportunities I have been given to strongly impact patient care. Looking to the future, I will be moving back to my hometown of Los Angeles pursuing inpatient clinical positions with the local academic teaching institutions with the hope that as a future preceptor, I too can give back to residents to the extent I have gained at UCSF.



**Amanda "Mandy" Morris
(Touro University)**

Consistently impressed by the caliber of former UCSF residents, I was thrilled to join UCSF Medical Center for my PGY-1 training after earning my pharmacy

degree at Touro University. I arrived to UC knowing that I would be challenged, was confident that I would grow as a new practitioner, and believed that I would become a competent pharmacist by year end. My residency training at UCSF exceeded my expectations. I could have never anticipated that my professional growth would be paralleled by immense personal development as well. As a residency class we arrived as twelve strangers and will depart with lasting friendships forged by our common experiences, accomplishments and struggles, and enriched by our diversity. The people that I have encountered during my time at UCSF continue to inspire me for their dedication, drive and enthusiasm. I am grateful for the opportunity to have worked with so many skilled practitioners. I am very proud to carry on the legacy of success as a UCSF pharmacy practice resident as I head for the mountains to start my PGY-2 Critical Care specialty at the University of Colorado. Thank you all for a tremendous year. I will treasure it always.



**Cynthia Nguyen
(UCSF)**

I can't believe this year is almost over! Though I was a student at UCSF School of Pharmacy, I have never felt more close to the faculty, pharmacists, and

technicians in the UCSF School of Pharmacy & Medical Center. By working hand-in-hand with dedicated, talented, and hard-working individuals, I have learned so much through my teaching experiences, clinical rotations, and operational experiences at UCSF.

The highlight of this year was having the opportunity to work with an amazing class of co-residents. With late nights in the residents' office and unforgettable outings in San Francisco, we have grown incredibly close as a residency class. We have endured tough times and celebrated our accomplishments together this past year and I imagine that we will remain great friends for the rest of our lives. After my PGY-1, I will head over to the Michigan to complete a PGY-2 in Infectious Diseases at the University of Michigan Health System in Ann Arbor, MI!



**Nicole Nguyen
(UCSF)**

Completing this residency program and my fifth year in total of training at UCSF is one of my proudest accomplishments. It is hard to leave this place, but I leave even more

inspired than when I arrived. This year has surpassed my expectations in all aspects. I never thought I would be able to arrange a project and travel to Nigeria for fieldwork and primary data collection, let alone crunching the data and preparing for the final presentation in a month's time. The experiences and knowledge I've gained during residency will make me a better clinician, researcher, teacher, and leader. I am thankful for the many incredible preceptors I've had the privilege to work with, for the unmatched administrative support, and last but not least thankful for my co-residents and now life-long friends!

My immediate plans include traveling this September to present my resident research project in Dublin, Ireland at the International Pharmaceutical Federation (FIP) World Congress 2013. Meanwhile, I hope to stay in the Bay Area and am actively considering local clinical career opportunities. No matter where the next chapter takes me, I take with me the valuable lessons learned during residency. Thank you for an unforgettable year!



**Chelsea Tasaka
(University of Washington)**

This year has been an amazing one and started with my move from Seattle last summer. I attended pharmacy school at the University of Washington and it

has been a nice change of pace having the opportunity to see new things and meet new people here at UCSF. This past year was filled with many challenges, but I sincerely believe I am not only a better clinician, but also a better person for having done this program. I deeply appreciate and won't forget the support, countless lessons and friendship of preceptors, pharmacists, technicians, faculty, and residents that I've encountered this year. I feel extremely privileged to have had the opportunity to learn under the guidance from the excellent clinicians, administrators, and faculty at UCSF. Next year, I won't be moving too far as I will be completing a PGY2 Residency in Critical Care at UC Davis. Thank you again to everyone for such an amazing residency year and please keep in touch!



Camille Beauduy
PGY2 Infectious Disease

It's hard to believe that two years have passed since I graduated from pharmacy school at the University of Minnesota and moved out to the west coast. I completed

my PGY-1 Pharmacy Practice Residency here at UCSF and happily stayed to continue my training as the PGY-2 Infectious Diseases Resident. I have had a wonderful experience and can't say enough positive things, particularly about the people here. I feel honored to have trained with such inspirational role models, both in the Medical Center and the School of Pharmacy. I'm grateful for the relationships I have built with faculty, co-residents, and students. After residency, I will begin working as the Infectious Diseases Pharmacist at the VA in sunny Palo Alto. Although I'm a proud Minnesotan, I've mostly lost my Midwest accent, and I couldn't be more thrilled to stay in the Bay Area. I'm looking forward to traveling with my husband, training to run my first marathon, and keeping my energy up by eating extra delicious SF calories.



Sarah Carrillo
PGY1 E-Health Policy

This has been a really exciting year. I'm so thankful for the wonderful opportunities I was given to explore policy work in the state government, and

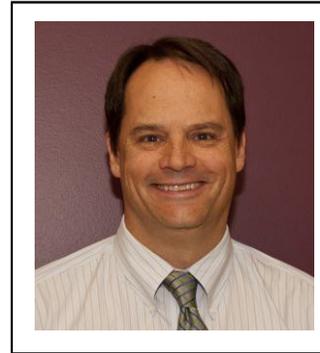
develop acquaintances that will help support my passion for advocacy moving forward. I have greatly enjoyed my work in assisting healthcare providers navigate privacy policies, helping push forward a program and curriculum to promote ePrescribing and teach pharmacy students about informatics, and other eHealth and healthcare policies and programs. Most rewarding, however, has been my work in promoting health information exchange, personal health records and psychotropic medication oversight for foster children. I hope to continue some of my efforts in promoting the use of pharmacists to improve healthcare for this population in the coming year as a psychiatric pharmacy resident at UCSF. This year has made five happy years at my favorite pharmacy institution, and I couldn't be happier to stay on and pursue a rewarding career helping the underserved.



Jon Cokley
PGY2 Pediatrics

It seems like only yesterday I answered the call to come to UCSF for residency training. After pharmacy school at Hampton University I'd

barely gotten settled in Florida for PGY-1 in pediatrics before I was packing my bags to embark on the journey to complete a second residency. Looking back it's hard to notice the countless long nights I spent preparing for presentations/projects, various meetings, or just taking the extra time to help the occasional student/resident with a drug information question. As residency progressed rather than growing weary, I can only remember being excited to come in each morning. My experience could never be this enjoyable without the different attendings, residents, preceptors, nurses, and technicians I worked with throughout the year. I've learned so much from everyone here and I'm grateful for the opportunity to come to UCSF. At the end of my residency I'm planning on pursuing a position in pediatric critical care.



Patrick Edsall
PGY1 Academics

It is hard to describe how fast the last 5 years have literally flown by here at UCSF. I am sure late night study sessions while in school and hours of debugging simulated patients for

my residency project left an indelible trail in my memory of learning here at UCSF, but it really seems like yesterday that I was "white coated". This last year I was privileged to be UCSF's Academic Pharmacy Resident, a program that received incredible support from the school, clinical and operations organizations and allowed me to grow as a pharmacy practitioner as well as an educator.

Along with work done in the School of Pharmacy, I participated in the School of Medicine's Health Professions Education training program. This was an incredible opportunity to learn about not only modern theories of education, but also to see the process and rationale of how our partners in health care are trained. Current next-steps for me are not yet defined, but I am hoping to blend the rewarding training I received at UCSF with my prior teaching and engineering experiences to help train future pharmacists and provide excellent patient care.



My Hanh Huynh
PGY1 E-Health Policy

I am grateful for the tremendous amount of support I received from UCSF faculty and alumni both as a student and resident. I will look back fondly on the fascinating

lectures and nerdy pharmacy jokes told by our distinguished professors. The endless nights and weekends of studying, however, will hopefully be erased with enough psychotherapy.

I absolutely loved my time here in San Francisco and plan to work and raise a family in the Bay Area indefinitely!

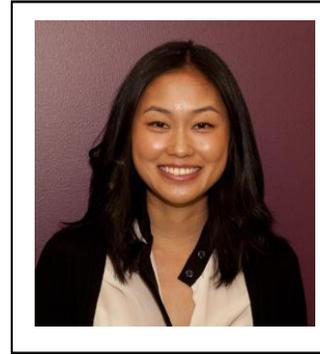
This past year has been fulfilling, as I have learned a great deal about health information exchange initiatives in California while working at the Office of Health Information Integrity in Sacramento. Dr. Lisa Ashton has been an amazing preceptor and has opened my eyes to the gaps as well as opportunities at the State where pharmacists can make an impact. Thank you for being an inspiration! I will bring knowledge of health information technology trends to the next step in my career, which is at Genentech as a Scientist in Managed Care Medical Communications. I know I will be back to UCSF often to visit friends and support the next pharmacy rockstars of the world!



Diana Nguyen
PGY2 Informatics

After completing my Pharm.D. from UCSF, I left to do a PGY1 general practice residency at Sharp Healthcare in San Diego. I took an interest in pharmacy and

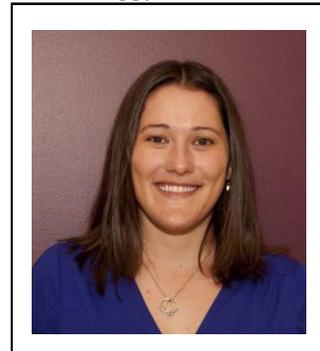
technology and returned to the Bay Area to do my PGY2 in Pharmacy Informatics. Time sure does fly! It's been an awesome twelve months where I worked with amazing people. The APeX leadership and team are truly fantastic. I am extremely thankful for all those who have mentored me during my time here and I am excited to start my next job at Cedars Sinai in LA.



Michelle Shen
PGY2 Oncology

The last six years I have spent at UCSF have gone by in the blink of an eye. It's hard to believe I attended pharmacy school here, completed my rotations as a 4th year pharmacy student

here, stayed on as a PGY1 resident here, and now will be finishing my Oncology PGY2. This past year has flown by, and was filled with both difficult challenges and personal accomplishments. It was filled with long hours and countless projects and presentations, but ultimately provided me with a tremendous learning experience that I am so grateful for. Along the way, I have also had the privilege of working with and learning from amazing mentors, preceptors, technicians, nurses, and physicians. I want to thank everyone for making the last 6 years here a wonderful experience, and helping me grow both personally and professionally. My departure from UCSF will be bittersweet, but I am excited to start the next step in my career at El Camino Hospital in Mountain View as an outpatient Oncology Pharmacist. I will miss UCSF (except for the foggy weather), and hope to stay in touch!



Laurie Stevenson
PGY2 Oncology

Walking through the med sci lobby I can still remember arriving there for my pharmacy school interview, nervous and hopeful. Six years later I have nothing but gratitude for the

tremendous education I have been given here, both as a pharmacy student and resident. This past year as an oncology resident has been particularly rewarding, allowing me to find a niche that perfectly balances my love of science and patient care. It has been a privilege to work with the oncology pod pharmacists, who have been consistently supportive teachers and inspiring practitioners. I hope to perform at their level of excellence in my upcoming career. I have not finalized my plans yet for next year, but I am opportunistic about several potential opportunities. Thank you again to everyone at UCSF for all of your help and support.

