

_Departing Residents Edition, June 2016

Farewell 2015-2016 Residents! Pharmacy Practice Residents



Katie Dacey (UC San Diego)

I cannot believe this year is already coming to a close. Coming to UCSF for my PGY1 residency after pharmacy school at UCSD was the best decision I could have made. This year was demanding and challenging, but it was more than worth it to be

able to learn so much from such amazing people. I could not have asked for a better group of wonderful, hilarious, intelligent, generous, kind, and slightly insane coresidents, and my excitement at having such a challenging year behind me is tempered by how much I am going to miss them next year. I will be sticking around UCSF for a PGY2 specialty residency in oncology, and know that I am incredibly fortunate to have another amazing year in front of me! I want to thank everyone at UCSF for making this year such a spectacular one, especially Cathi, my preceptors, and all of the pharmacy managers. And to my co-rezzies – I love you all!!! Two minutes!!



Joshua A. Garcia (University of the Sciences – formerly Philadelphia College of Pharmacy)

It's crazy to think how a year can be packed with so many memories and yet fly by at the speed of light. I am so grateful to have spent the last year

training at UCSF with the best residency class I could have ever hoped for. After graduating from the Philadelphia College of Pharmacy and leaving the East Coast last year, I never would have thought I would feel so welcomed in San Francisco. UCSF has helped me to become a better clinician and a better person and I cannot be more grateful. As I stay at UCSF to complete a PGY-2 specialty residency in Infectious Diseases, I am both excited for continued growth and saddened by the absence of some amazing, lifelong friends. However, I will always try to remember the saying, "Don't cry because it's over, smile because it happened" and you all have given me so many reasons to smile. Until we meet again!



Alexandra Hanretty (Temple University -Philadelphia)

This year has truly been amazing, it is hard to believe that the year is almost over! Coming from the east coast and coming from pharmacy school at Temple University in Philadelphia, I had no

idea what to expect. We packed up, drove across the country 3,000 miles to sunny California. It was and has been an adventure moving to San Francisco and one that I would not trade for anything. This past year has been an unparalleled experience, from the new friends in my coresidents, to immense personal and professional development. I will always be grateful for my time spent at UCSF and the relationships I have made.

I continue to feel privileged to have had the opportunity to complete my PGY1 residency here and learn from such excellent clinicians, managers, and faculty. I am excited for the next venture and to continue my training at Temple University School of Pharmacy in Philadelphia, where I will be completing a PGY-2 in Infectious Diseases. I will always be inspired by the dedication, and enthusiasm from the people at UCSF. Thank you again for such an amazing year!



Sarah Kim (Western University of Health Sciences)

After a year full of lovely memories created at UCSF, I cannot believe the time has come to an end for our PGY1 class. Looking back on my time since graduating pharmacy school at Western University of Health Sciences in Pomona, CA, I am truly amazed at how much I have developed professionally, as well as personally. The amount of challenges and opportunities that have been presented over the past year are lifelong lessons that I will carry with me always and am forever grateful to the preceptors and staff for helping me every step of the way. My co-residents have been my family and my rock – I could not have gotten through this year without all of their help and support. Along with my amazing co-resident, Katie, I am beyond excited to have the opportunity to continue my training at UCSF with a PGY2 in oncology! Thank you UCSF for an unforgettable year and looking forward to another!



Edwin Lim (Jefferson School of Pharmacy – Philadelphia) A year ago, when I matched to UCSF, my faculty advisor at my pharmacy school

(Thomas Jefferson University) told me that she thought I would love it. I remember thinking to myself "well, I think it will

be a good experience, but love is a strong word."

A year later, I reflect upon everything I experienced. This year was difficult, but it was everything that I wanted in my PGY1 training and can't imagine anywhere else being a better fit for me than at UCSF. From the people I met to the knowledge I gained, I will always remember for the rest of my career. Leaving this program, I am able to take great pride in how well equipped I feel after going through the rigors of this program. Next year, I will be the inaugural PGY2 Emergency Medicine Resident at Northwestern Memorial Hospital in Chicago. After this year at UCSF, I know I am well equipped to tackle anything that comes my way during PGY2. Thank you UCSF. My advisor was right; I loved it.



Yu-Ting Tiffany Meng (UC San Diego)

When people tell you residency goes by quickly, they really mean it. I felt like just yesterday I was getting my Pharm.D. diploma at UCSD Skaggs School of Pharmacy and Pharmaceutical

Sciences. Now, here I am wrapping up my year of residency already. This has been not only one of the most trying, but also one of the most fulfilling, years of my life. This residency has not only challenged me, but also motivated me to test my boundaries. I have worked with so many esteemed clinicians, and I have made so many lifelong friends. I would not trade my experience for anything else. As I move forward to my second year residency in oncology with Kaiser Permanente-Walnut Creek, I will carry with me all the lessons my time at UCSF has taught me, and I will cherish the long-lasting bonds I have formed! Thank you UCSF, for one of the most meaningful years of my life!



Amanda Momenzadeh (UCSF)

Five years ago, I moved to the inner sunset to start pharmacy school at UCSF. Although a Bay Area native, I was caught off guard by the ever present fog and steep hike up Parnassus Ave that would await me every day. The welcoming

pharmacy school staff, however, quickly made me feel at home. Throughout my schooling and APPE rotations at UCSF, I was able to develop a strong foundation of pharmacy knowledge and skills to practice in the real world, and more importantly build close friendships with my preceptors, professors, and peers. Graduation from pharmacy school was bittersweet—it was difficult to say goodbye to my classmates of four years but I knew new friendships awaited me in my residency class. This year as a pharmacy resident has been life changing and a year of "firsts", from doing chest compressions in the ED to helping establish an institutional protocol that was 5+ years in the making. Saying goodbye this time is difficult again, but I know the friendships I have made at UCSF will last a lifetime. I am so grateful to my mentors—as Isaac Newton said, "If I have seen further, it is by standing on the on the shoulders of giants." Co-residents, I know you will all shine in your future endeavors and I look forward to reconnecting with you throughout our careers. It is now time for me to bring these skills to another institution, and I am excited to be taking on an ICU Clinical Pharmacist position at Santa Rosa Regional Hospital.



Phillip Sanshuck (USC)

SCENE: The fog swirls about. Cool air tickles the senses. Sun begins to peak through and shine, dispersing all. Karl is no more.

As an LA guy moving up to

the Bay Area, it's been an adventure. Taking in new sights

and getting the opportunity to learn a new way to practice. A year seems so long yet short, bitter yet sweet, challenging yet fond. I feel accomplished. It feels real, as I've honed to the razor sharp point of a pharmacist. I am grateful to the support that made working in CUDA a little less hectic, that became the guiding spirit for learning, and the ones that made living away from family and friends much less lonely. Thank you mentors, preceptors, technicians, co-residents, students, interns, and all who made this experience, dare I say, refreshing.

Fortunately and unfortunately, I will be moving on to my next adventure as I trek to a PGY2 in Critical Care at the University of Florida Shands Hospital in Gainesville. Farewell UCSF, perhaps we shall meet again!



Emma Sew Hoy (UCSF)

After graduating from UCSF in 2015, I am very grateful for the opportunity to continue my training with the Safeway/UCSF PGY-1 Community Pharmacy Residency Program. The variety of experiences this year challenged me outside

of my comfort zone and allowed me to grow both professionally and personally. I sincerely appreciate the continual guidance and encouragement of my preceptors and co-residents; their support made this year especially memorable. I look forward to applying what I have learned and continuing to advocate for community pharmacy as I embark on future endeavors and stay on with Safeway come July.



Gurpreet Singh (UCSF)

I completed my doctorate in pharmacy at the University of California, San Francisco in 2015. I decided to join the PGY-1 pharmacy residency program at UCSF Medical Center given the strong clinical, teaching and leadership experiences

offered by the program. I have highly enjoyed my experience at UCSF, rotating through various specialty services and connecting with my co-residents. The preceptors at UCSF Medical Center have been pivotal in shaping my clinical skills and I am very thankful for their insights. Despite the heavy census on some services, the preceptors take time to discuss interesting patient cases and cover difficult topics. I have especially enjoyed my experience on critical care and emergency medicine rotation.

Following the completion of my PGY-1 residency, I will be joining John Muir Health as a clinical pharmacist. I look forward to applying what I have learned at UCSF Medical Center to help improve patient outcomes but also learn new skillsets. In the near future, I see myself attaining additional experience in emergency medicine/critical care and applying for specialty certification. Outside of the professional world, I like hiking and visiting national parks during breaks.



Bo Yen (UCSF)

I can't believe how fast the year went by! It has been a busy but rewarding year. Being a mother of a toddler and a resident was particularly difficult for me in many aspects, but the support I received during the residency helped me achieve my goals as a

mother and as a pharmacist. I can't thank everyone enough for their help through this journey. I truly enjoyed every moment of being a resident here at UCSF. I am going to be an ambulatory care pharmacist at Kaiser San Francisco!



Megan Yu (University of the Pacific)

What an incredible year! After graduating from University of the Pacific last year, I had no idea what was in store for me at UCSF. It has been an absolute honor to work with such inspiring faculty,

clinicians, co-residents, students, and patients. Each person I have worked with this year has helped me become a better pharmacist. I feel that I am leaving even more excited to continue learning for my patients, teach students and new practitioners, and contribute to research and establishing pharmacy policy. When the year began, I was unsure of what area of pharmacy I would want to concentrate in, but with the guidance of my mentors, I'm happy to say I'll be exploring the world of oncology in Nashville (where I hope many of my co-residents will visit)!

I feel extremely fortunate to have found such a supportive pharmacy family, especially in my co-residents, who made this year absolutely unforgettable. I have learned more, laughed more, and lived more because of each and every one of them. Even though the end of this year will bring a bittersweet parting, I am so excited to see where we all end up and look forward to seeing how they will change the pharmacy world.



Crystal Zhou (UC San Diego)

It seems like it was just yesterday when I was sitting in the computer lab for my PGY1 orientation week worrying about being licensed in time to staff! Looking back at this very short residency year, a couple of things instantly pop up in my mind: my

coresidents, my residency director, teaching, and research. My wonderful coresidents were the greatest gift of this year, because not only are they going through the same experiences I am, they are always willing to sit down and chat with me when there is down time, grab a quick coffee before we start our respective days, or challenge me in our fun socks competitions. Without them, I probably would not have enjoyed this past year as much! Our residency director, Cathi Dennehy, is also one of the biggest reasons why I was able to successfully complete my residency this year. She is one of the biggest advocates for the residents, can read body language very well, and is the reason why our program continues to grow and improve. Leading therapeutics conference and lecturing to student pharmacists this year has also been a highlight of my experience as a PGY1. I chose to come to UCSF for the extensive teaching opportunities and the various course chairs definitely did not disappoint, with lecture opportunities being offered throughout the year. And finally, research was one of the components that I wanted to improve upon and learn more about as a resident. Not only were all the residents able to take a dedicated research course, we were also able to come together during the small group breakout sessions to hear about other medical residents' and fellows' research projects. This experience was invaluable to me and has definitely boosted my research foundation. I have grown so much as a resident, a pharmacist, a clinician, and most importantly, as an individual this year. The mentorship I have received from all my preceptors is invaluable and I will continue to carry on these experiences as a practicing pharmacist. I am very excited to be starting the second leg of my postgraduate training next year as a PGY2 Ambulatory Care Specialty Pharmacy Resident at the University of Washington in Seattle!

Pharmacy Specialty Residents



Korana Avdagic (PGY2 Psychiatry)

What an amazing year! I still can't believe that just two years ago I graduated from UCSF School of Pharmacy and now it is time to graduate from my second year of residency in psychiatry. This year has

been both challenging and rewarding, a wonderful exciting journey full of wonderful memories. I have learned so much from our patients, my coresidents, and my preceptors and faculty. I am very sad to say goodbye to my coresidents, but I know that we will stay friends for many years to come. At UCSF and the Department of Public Health I have had the opportunity to work with incredible mentors who have helped me grow into a confident clinician and who have helped me discover and strengthen my areas of interest and passion for clinical pharmacy. Next year I am planning on staying and working in the Bay Area.



Patricia (Patti) Kuang (PGY2 Pediatrics)

What an amazing year! After graduating from UCSF School of Pharmacy, I completed my PGY-1 at Oregon Health & Science University. Although it was an intense year, I loved my entire experience, fell in love with pediatrics, and hoped to specialize with a

PGY-2. By completing a majority of my rotations here as a 4th year pharmacy student, I knew this place would not only offer the best learning environment but also afford me the opportunities to further my clinical and professional growth. And I was totally right! Thank you to all my phenomenal preceptors, co-residents, technicians, and staff for all your teaching pearls, commitment to our patients, and making this past year truly unforgettable. I am so grateful to have worked with such bright and thoughtful pharmacists, residents, physicians, and nurses who continually push the boundaries all in an effort to provide the best patient care. You have all motivated me to stay strong, strive forward, and commit to a career of lifelong learning. I am thrilled to start my next chapter here as a pediatric (woot!) pharmacist. Cheers to advancing our practice and see you on the other side!



Ekaterina (Katya) Kurdyukova (PGY2 Pediatrics)

After completing my pharmacy schooling at UCSF and my PGY-1 residency at Kaiser Permanente, I was excited to be back at UCSF for my training in pediatrics. I can't believe how quickly the

year has gone by! It has been the most enriching and rewarding yet. I am grateful to have had the opportunity to work with and learn from such an inspirational group of pharmacists, physicians and the rest of the staff at Benioff Children's hospital. I also could not have asked for a better group of co-residents with who I shared some of the greatest memories this year! It's bittersweet to be leaving my UCSF family, but I will be forever grateful for wonderful mentors who helped me push my limits and develop into a confident and passionate practitioner. Armed with the knowledge and experience I've gained here, I am prepared to take on new challenges and continue advocating for my patients at Kaiser Permanente Children's Hospital in Oakland.



Vivian Loo (PGY2 Oncology)

How time flies when you're having fun and learning a lot! It's been 5 straight years of pharmacy education starting with pharmacy school at Midwestern University-Glendale, PGY1 at UCSF, and finishing PGY2 Oncology here. Huge

changes have happened in the past few years in the world of oncology and it has been a privilege to have been able to partake in and be witness to the approval and implementation of new oncology drugs through my experiences with UCSF. The opportunity to spend a focused year in oncology has been amazing not only for the quality education and meaningful interactions with interdisciplinary providers but also for introducing me to all my wonderful corezzies! I'll be working at Kaiser Oakland across the bay starting July as an outpatient oncology pharmacist. Thank you all for a wonderful 2 years of extraordinary learning at UCSF!



Murooj Shukry (PGY2 Medication Safety)

What an amazing journey! I completed pharmacy school at King Abdulaziz University, Jeddah, Saudi Arabia in 2007 and worked for two and half year as drug information and clinical pharmacist. I wanted to learn more so, I decided to pursue residency in USA. I met requirements of

licensure by completing the two years of Certificate in Advanced Pharmacy Practice Studies (CAPPS) Diploma from Massachusetts College of Pharmacy, Boston, MA. By the end of my PGY1 pharmacy residency at Steward St. Elizabeth's Medical Center, Brighton, MA, I knew I wanted to pursue medication safety. The moment I received the call from UCSF informing me with their acceptance was one of the best of my life.

My residency training at UCSF has prepared me to be a Medication Safety leader. I could have never anticipated that my professional growth would be paralleled by immense personal development as well. I have expanded my clinical knowledge and abilities, my communication and leadership skills, and most importantly my circle of friends, colleagues, and mentors, who continue to inspire me for their dedication, drive and enthusiasm. I am very proud to carry on the legacy of success as a UCSF Medication Use Safety, pharmacy practice resident as I head back to my home country, Saudi Arabia. My new goal will be utilizing the knowledge and experience I developed to improve pharmacy practice in Saudi Arabia. Thank you all for investing your time and effort in helping me become the person I am today.



Joanne J. Smith (PGY2 Critical Care)

Standing in my cap and gown in 2014, graduating from a tiny Upstate NY Pharmacy School, I never dreamed I would eventually be completing a PGY2 in Critical Care at UCSF or accepting a Critical Care Pharmacist position at the Cleveland Clinic. I am

beyond lucky to have had the opportunities afforded to me during my PGY1 and PGY2. This year I felt privileged to have spent time with the pharmacists and clinicians at UCSF who are on the forefront of medicine. I grew so much from my mentorship both clinically and personally through the ICU team and Fanny's encouragement.

Looking around my residency class, it is no wonder UCSF's residency programs are so esteemed. Each of my co-

residents is so unique, pleasant, and bright; it has been wonderful getting to know them and having so much fun alongside them. I hope they take white elephant gift exchanges to new lows and play the games they learned at the retreat wherever they end up. I'm excited to hear about their future successes as they head towards the pinnacle of pharmacy in their respective practice areas.

I am so lucky to have had the opportunity to complete my PGY2 at UCSF and I am thankful to everyone who has



helped me grow and shaped me as a person. You're all invited to flee to the Cleve, just let me know!

Tracy Trang (PGY2 Infectious Disease)

Returning to UCSF to pursue my PGY2 residency is one of the best decisions

of my life. Whenever someone asks me about my residency, a big smile always forms across my face as I share how much I love it. I look forward to work every day because of the unique opportunities to grow as an individual, through collaborating with amazing leaders in pharmacy and medicine, precepting students, and working at the National Clinician Consultation Center. I still remember my insecurities during my first month of clinical rotations, but I am now surprised with how much I have learned, grown, and accomplished in a year's time. I could not have done this without my dedicated, supportive residency directors, mentors, staff, faculty, and co-residents! Thank you so much for this invaluable experience! I am excited to start writing the next chapter of my life; I am currently interviewing for positions in infectious diseases and academia.



Kathryn Yee (PGY2 Hematology & Oncology)

I cannot believe that a year has already gone by. It seems like yesterday that I was moving back to the Bay Area from Baltimore, Maryland where I earned my Doctorate of Pharmacy degree at the University of

Maryland School of Pharmacy and completed my PGY-1 Pharmacy Residency at the Johns Hopkins Bayview Medical Center. I am grateful to have had the opportunity to complete my PGY-2 Oncology Pharmacy Residency here at UCSF Medical Center. This year I have been challenged to become a better pharmacist, and I have received excellent training to become a clinical specialist in

hematology/oncology. I have also been fortunate to have a

unique global health experience of teaching and helping to develop a clinical oncology rotation at the University of Namibia School of Pharmacy. I am extremely thankful for the training, mentorship, and support that the hematology/oncology pod and my coresidents have given me throughout this past year. I could not have made it without them. I am excited for what new opportunities lie ahead as I venture to the South Bay to work at Stanford Health Care to be a clinical oncology specialist. Thank you to everyone for a wonderful year!



Sam Zakkour (PGY2 HIV/AIDS)

I can't believe it's been almost a year since I completed my PGY1 in Public Health/Ambulatory Care at the University of Missouri – Kansas City. Looking back, I can still remember the day I told my old boss and friend that I wanted to become an HIV

pharmacist, and the excitement we both shared six years ago as I got my acceptance letter to attend the University of Colorado Skaggs School of Pharmacy and Pharmaceutical Sciences. Since then, several lessons were learned, many challenges were overcome, and personal accomplishments were made. More importantly, though, were the countless friendships that were forged along the way, particularly here at UCSF.

I am extremely thankful and humbled to have spent this past year learning from and working with some of the most accomplished and respected clinicians in the country. I cannot begin to explain the impact all the pharmacists, doctors, nurses, technicians, mentors and co-residents have had on my professional and personal growth this year, but what I can express is my deepest and most sincere thanks to everyone's commitment to my learning and to my success, especially during the times when I doubted my own potential to succeed. Once the year comes to a close, I look forward to spending the next month celebrating in Las Vegas with friends, then traveling back home to Miami to regain my pre-pharmacy school tan, and to dive into all the books I've been meaning to read since this amazing journey began.

Photos: Steve Batiloro